

REGISTRATION

Registration can be done through our website (preferred), front desk or via phone. All registrations must be accompanied by the full fee. Registration must be submitted no later than the posted deadline. Please be aware that clinics could sell out prior to the deadline. Late registrations will be accepted on a case by case basis provided there is room remaining in the program of interest. All registration is first-come, first-served.

PAYMENT

We accept cash, check or charge. Accepted credit cards include VISA, MasterCard and Discover.

WAIVERS

All participants in any programming at FSA are required to have a waiver on file with our front desk no later than the first scheduled date of participation. Waivers are valid from August 2010 - July 2011.

These can be mailed to the arena at the following address or bring them to your first class:

Farmington Sports Arena
11 Executive Dr.
Farmington, CT 06032

REFUND POLICY

Full refunds will be given in the event that a program, league or tournament does not have enough participants enrolled to occur which will result in cancellation of that a program, league or tournament. We will attempt to process all refunds within 2 weeks of the cancellation date.

Refunds will not be given to teams/individuals withdrawing on or after the posted registration deadline for the program, league or tournament of interest.

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WINTER CLINICS YOUTH

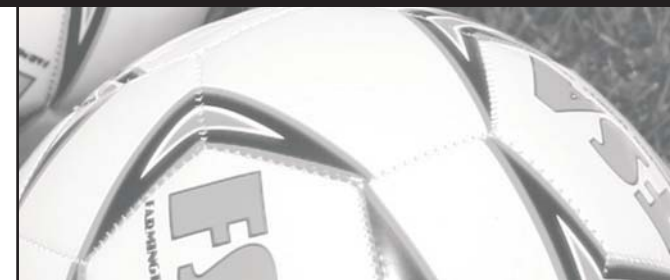
INDOOR SOCCER

860.677.2543

2010-2011 SEASON

Farmington Sports Arena
11 Executive Drive
Farmington, CT 06032

PH: 860-677-2543 FAX: 860-677-1514
E-Mail: manager@fsasports.com



WINTER YOUTH CLINICS

Farmington Sports Arena
11 Executive Drive
Farmington, CT 06032

GENERAL INFORMATION

The Farmington Sports Arena offers a wide variety of indoor clinics for youth players ages 5 and older. Whether you are looking for something to help improve your child's general skills or are interested in something more specialized we have the clinic for you.

LOCATION: FSA Indoor Fields

FEE: \$150 (t-shirt included)

TRAINING: Each clinic includes (6) training sessions, each (1) hour in length.

WHAT TO BRING: Please bring indoor shoes or sneakers (no outdoor cleats please) along with your shin guards, soccer ball and water bottle.

SESSION DATES & DEADLINES:

SESSION 1: Nov 3 (W) - Dec 16 (TH)

DEADLINE: Oct 20 (W)

SESSION 2: Jan 4 (M) - Feb 11 (TH)

DEADLINE: Dec 20 (M)

SESSION 3: Feb 28 (M) - Apr 7 (TH)

DEADLINE: Feb 14 (M)

CLINIC STAFF

Our clinic staff is made up of a very qualified group of coaches, including former professional and youth national team players, college coaches, high school coaches, ODP coaches and premier coaches.

Cohn, Jon	Michaud, Rich
DeVito, Greg	Sadler, Todd
Jachym, Rob	Seguro, Zeke
Leone, Tony	Stokoe, Steve
Linehan, Michael	Wysocki, Joe

HOT SHOTS (5-8 YEAR OLDS)

AVAILABLE SESSIONS: 1,2 and 3

DAYS/TIMES: Monday 4-5 or Thursday 4-5pm

DESCRIPTION: The program will focus on the basic fundamental skills of soccer including movement and control of the ball. Players learn valuable skills such as cooperation, listening to others, taking directions, and communicating with teammates through soccer-related exercises and games.

HOT SHOTS PLAY DAY (5-8 YR OLDS)

AVAILABLE SESSIONS: 1,2 and 3

DAYS/TIMES: Wednesday 4-5pm

DESCRIPTION: This program gives children the opportunity to take part in a "free play" clinic with limited stoppage and instruction by the coach.

FUTURE STARS (9-12 YEAR OLDS)

AVAILABLE SESSIONS: 1,2 and 3

DAYS/TIMES: Monday 4-5pm or Thursday 4-5pm

DESCRIPTION: This program will focus on the technical development of young soccer players and will help them to improve the following skills: dribbling, passing, and shooting.

FUTURE STARS PLAY DAY (9-12 YR OLDS)

AVAILABLE SESSIONS: 1,2 and 3

DAYS/TIMES: Tuesday 4-5pm

DESCRIPTION: This program gives children the opportunity to take part in a "free play" clinic with limited stoppage and instruction by the coach.

GOAL SCORER CLINICS 1 & 2

GS 1 (9-12 year olds) - AVAILABLE SESSIONS: 1,2 and 3

GS 1 (9-12 year olds) - DAYS/TIMES: Monday 4-5pm

GS 2 (ages 13 and up) - AVAILABLE SESSIONS: 2 and 3

GS 2 (ages 13 and up) - DAYS/TIMES: Tuesday 4-5pm

DESCRIPTION: This program offers players the chance to focus totally on improving their "goal scoring" skill set. This program is open to players of all positions and is the perfect addition to any players training schedule.

GOALKEEPER CLINICS 1 & 2

GK 1 (9-12 year olds) - AVAILABLE SESSIONS: 1,2 and 3

GK 1 (9-12 year olds) - DAYS/TIMES: Monday 4-5pm

GK 2 (ages 13 and up) - AVAILABLE SESSIONS: 2 and 3

GK 2 (ages 13 and up) - DAYS/TIMES: Tuesday 4-5pm

DESCRIPTION: This program will cover proper warm-up, skill set, movement, tracking, catching, throwing, receiving and kicking. Clinic will combine with the "Goal Scorer" clinic to best replicate live game action.

SOCCER SPECIFIC CONDITIONING

SSC 1 (9-14 year olds) - AVAILABLE SESSIONS: 1,2 and 3

SSC 1 (9-14 year olds) - DAYS/TIMES: Monday 4-5pm

SSC 2 (ages 15 and up) - AVAILABLE SESSIONS: 2 and 3

SSC 2 (ages 15 and up) - DAYS/TIMES: Thursday 4-5pm

DESCRIPTION: FSA's Soccer Specific Conditioning program is a specially designed program for children ages 9 and up. The clinic is a great opportunity for players of any level to improve their speed, agility, quickness and strength through exercises specific to a soccer player's needs.

FUNCTIONAL TRAINING (AGES 13 & UP)

ATTACKING, MIDFIELD & DEFENDING THIRD

AVAILABLE SESSIONS: 2 and 3

DAYS/TIMES: Wednesday 4-5pm

DESCRIPTION: Clinic will focus on attacking principles (creative 1 v 1 moves, technical goal scoring, and decision making in the attacking third), the midfield third (passing, vision, awareness, and receiving and turning under pressure), and the defensive third (marking, 1v1 play, transition play, communication, containment and defensive stance).