

## REGISTRATION

Individual Registration for clinics is offered online and must be completed by the posted deadline. Registration can also be done over the phone by calling 860-677-2543. Please be aware that availability is limited so classes may sell out prior to the posted deadline.

Signed waivers must also be submitted no later than the day of your child's first clinic. Waivers can be picked up at the arena or printed out from the website.

These can be mailed to the arena at the following address or bring them to your first class:

Farmington Sports Arena  
11 Executive Dr.  
Farmington, CT 06032

## PAYMENT

We accept cash, check or charge. Accepted credit cards include VISA, MasterCard and Discover.

The \$150 fee is due with your registration. No partial payments will be accepted. Those opting to pay by check are not officially registered until payment is received.

## REFUND POLICY

Cancellations more than 7 days prior to the start of the clinic will result in full refund less administration fee of \$20.

Cancellations within 7 days prior to the start of the clinic result in forfeiture of full tuition.



Farmington Sports Arena  
11 Executive Drive  
Farmington, CT 06032



Spring Clinics  
2010



[www.fsasports.com](http://www.fsasports.com)

860.677.2543



# Spring 2010 Youth Soccer Clinics

11 EXECUTIVE DRIVE  
FARMINGTON, CT 06032  
PHONE: 860.677.2543  
FAX: 860.677.1514

## GENERAL INFORMATION

All clinics listed below will be held at the Farmington Sports Arena. All clinics will be held on the indoor fields. Please bring indoor shoes (turfs, flats or sneakers) to each clinic along with your shin guards, soccer ball and water bottle.

Our clinic staff is made up of a very qualified group of coaches, including former professional and youth national team players, college coaches, high school coaches, ODP coaches and premier coaches.

## HOT SHOTS

**AGE GROUP:** This clinic is for 5-8 yr olds

**FEE:** \$150 (t-shirt included)

**SESSION:** 6 weeks long, one training per week

**DAYS/TIMES:** Monday 5-6pm or Thursday 5-6pm

**\*MONDAY DATES:** Apr 26; May 3, 10, 17, 24; June 7

**THURS. DATES:** Apr 29; May 6, 13, 20, 27; June 3

**DEADLINE:** April 12, 2010 (Mon)

*\*Clinic will skip May 31 (Memorial Day)*

**DESCRIPTION:** FSA's Hot Shots program is a specially designed program for children ages 5 to 8. The program will focus on the basic fundamental skills of soccer including movement and control of the ball. Players learn valuable skills such as cooperation, listening to others, taking directions, and communicating with teammates through soccer-related exercises and games. They will learn to become more comfortable with the ball at their feet through fun, non-competitive games. Children are taught how to turn the ball, dribble, shoot, and play simple games. Emphasis is on motor skill development, confidence, success with the ball and fun. Each class will finish with "Play Time" to re-enforce the skills introduced that day.

## FUTURE STARS

**AGE GROUP:** This clinic is for 9-12 yr olds

**FEE:** \$150 (t-shirt included)

**SESSION:** 6 weeks long, one training per week

**DAYS/TIMES:** Thursday 6-7pm

**THURS. DATES:** Apr 29; May 6, 13, 20, 27; June 3

**DEADLINE:** April 12, 2010 (Mon)

*\*Clinic will skip May 31 (Memorial Day)*

**DESCRIPTION:** FSA introduces its Future Stars for Ages 9 to 12. The Future Stars program will focus in the development of young soccer players in the surrounding area. This program consists of 6 classes focusing on the following skills: dribbling, passing, and shooting. The skills taught in the Future Stars Clinic are instrumental in the proper development of young soccer players. Players in this program will be taught the skills needed to reach their full potential as a player.

## GOAL SCORER I

**AGE GROUP:** This clinic is for 9-11 yr olds

**FEE:** \$150 (t-shirt included)

**SESSION:** 6 weeks long, one training per week

**DAYS/TIMES:** Monday 6-7pm

**\*MON. DATES:** Apr 26; May 3, 10, 17, 24; June 7

**DEADLINE:** April 12, 2010 (Mon)

*\*Clinic will skip May 31 (Memorial Day)*

**DESCRIPTION:** FSA recognizes that scoring goals is the key to winning soccer games, and goal scorers are the players that get the most attention. This program offers players the chance to focus totally on improving this element of their soccer skill-set. This clinic is a perfect addition to any soccer player's training schedule and is open to players of all positions.

## GOAL SCORER II

**AGE GROUP:** This clinic is for 12-14 yr olds

**FEE:** \$150 (t-shirt included)

**SESSION:** 6 weeks long, one training per week

**DAYS/TIMES:** Friday 5-6pm

**\*FRIDAY DATES:** Apr 30; May 7, 14, 21; June 4, 11

**DEADLINE:** April 12, 2010 (Mon)

*\*Clinic will skip May 28*

**DESCRIPTION:** FSA recognizes that scoring goals is the key to winning soccer games, and goal scorers are the players that get the most attention. This program offers players the chance to focus totally on improving this element of their soccer skill-set. This clinic is a perfect addition to any soccer player's training schedule and is open to players of all positions.

## GOALKEEPER

**AGE GROUP:** This clinic is for 12-14 yr olds

**FEE:** \$150 (t-shirt included)

**SESSION:** 6 weeks long, one training per week

**DAYS/TIMES:** Friday 5-6pm

**\*FRIDAY DATES:** Apr 30; May 7, 14, 21; June 4, 11

**DEADLINE:** April 12, 2010 (Mon)

*\*Clinic will skip May 28*

**DESCRIPTION:** Great opportunity for goalkeepers of any level to learn the mechanics of proper goalkeeper skills from specially trained coaches. Training will cover warm-up, skill set, movement, tracking, catching, throwing, receiving and kicking. The clinic will also cover diving, reaction, handling the breakaway and how to mix it all together. The clinic will also combine with the "Goal Scorer" clinic to best replicate live game action.

